

PLEASE READ CAREFULLY BEFORE PROCEEDING WITH PAYMENT.

1. Acknowledgment of Risks: I understand and acknowledge that participation in a yoga retreat involves certain inherent risks, including but not limited to, physical injury, illness, accidents, and unforeseen events. By proceeding with the payment, I voluntarily assume all risks associated with participation and agree that the organizers, instructors, and venue shall not be held liable for any harm or damages.

2. **Personal possessions, loss and thefts:** I acknowledge that while the organiser agrees to make reasonable arrangements to ensure the safety of the personal possessions I bring with me to the Yoga Retreat, they are not responsible and will not be held liable for any theft or loss suffered in relation thereto."

3. **Medical Considerations**: I certify that I am in good health and have no physical conditions that would prevent my full participation in the yoga retreat. I agree to provide the organisers reasonable notice of any such conditions at least 7 days prior to my arrival at the Yoga Retreat. For the avoidance of doubt this includes any allergies or dietary requirements, which I understand can only be accommodated for to the extent that is has been expressly confirmed by the organisers. I understand that this has been communicated to me prior to paying any money for the Yoga Retreat and that I have been afforded the opportunity to make reasonable enquiries to confirm the organisers ability to accommodate any of the aforementioned health or dietary conditions prior to paying the deposit.

3. Travel and Accommodation: I acknowledge that the retreat payment does not include travel to and from Costa Rica, and that I am solely responsible for payment and organisation of this travel. I acknowledge that accommodations, transportation, and other logistical arrangements are part of the package. I agree to adhere to all guidelines, rules, and instructions provided by the organizers and local authorities. I understand that this includes my transportation to and from the Costa Rica airport (SJO) to the Yoga Retreat (Airborne Arts), and I agree to inform the organisers of my arrival and departure time at least 7 days prior to my arrival. I understand that a failure to do so, or a failure to follow the rules, guidelines and instructions provided by the organisers may mean that I cannot be provided with transportation to and from the airport and that I will have to make alternative arrangements myself at my own cost.

4. Cancellation and Refunds: I understand that the organizers have a cancellation policy, and any cancellations made by me may result in a loss of some or all of the payment. I agree to review and adhere to the specific cancellation policy provided by the organizers.

5. Release and Indemnification: I hereby release, waive, and discharge the organizers, instructors, and venue from any and all liability, claims, demands, losses, or damages arising out of my participation in the yoga retreat. I agree to indemnify and hold harmless the aforementioned parties from any liabilities or expenses incurred as a result of my actions or omissions.

6. Photography and Media: I grant the organizers permission to take photographs, videos, or other media during the retreat for promotional and archival purposes. I agree that any such materials may be used without compensation or notification.

7. Miscellaneous: This Agreement constitutes the entire agreement between the parties and supersedes any prior understandings, written or oral, relating to the subject matter herein. Any modifications or amendments to this Agreement must be in writing and signed by both parties.

8. Governing Law: This Agreement shall be governed by and construed in accordance with the laws of England and Wales. Any disputes arising out of or in connection with this Agreement shall be subject to the exclusive jurisdiction of the courts of England and Wales

By proceeding with the payment, I acknowledge that I have read, understood, and agree to the terms and conditions outlined in this Agreement.